

# Keystone High School April Lunch Menu



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	April 19	April 20	April 21	April 22	April 23
<b>The Grille</b> Cheeseburger (28) Steak & Cheese Hoagie (40) Crispy Chicken Sandwich (42) Grilled Chicken Sandwich (26) Hot & Spicy Chicken (42)	Buffalo Chicken Dipper w/Chips & Bread Slice (35) Steamed Green Beans (7) Or Breakfast Bar Crispy Tater Tots (16)  Celery Sticks (3) Diced Peaches (16) Non Fat Milk	Italian Dunkers (44) Steamed Broccoli (4) OR Taco/Nacho Bar Seasoned Corn (16)  Mixed Pepper Slices (4) Mixed Fruit (24) Non Fat Milk	Pork Carnita Quesadilla w/Salsa (34) Sweet Peas (13) Or Pasta Bar w/Garlic Toast Steamed Green Beans (7)  Black Bean & Corn Salad (20) Applesauce (12) Non Fat Milk	Popcorn Chicken Bowl w/Bread Slice Mashed Potatoes (18)  Broccoli Florets (8) Sliced Peaches (16) Non Fat Milk	Hot Ham & Cheese Panini (40) Or Philly Cheesesteak Bar  Crinkle Cut Fries (15) Cucumber & Tomato Cups (3) Diced Pears (16) Non Fat Milk
<b>The Garden</b> Crispy Chicken Salad w/ Dinner Roll (39) Grilled Chicken Salad w/Dinner Roll (47) Chef Salad w/Dinner Roll (46) Tuscan Salad w/Pasta (53)	Chili Cheese Bowl w/Rice (63) Or Mac & Cheese Bar  Sweet Peas (13) Cucumber & Tomato Cups (3) Diced Peaches (16) Non Fat Milk	Toasted Cheese Sandwich w/Tomato Soup Or Taco/Nacho Bar  Seasoned Corn (16)  Baby Carrots (6) Mixed Fruit (24) Non Fat Milk	Hot Roast Beef Sandwich (29) Mashed Potatoes (18) Or Pasta Bar w/Garlic Toast Steamed Green Beans (7)  Celery Sticks (3) Applesauce (12) Non Fat Milk	Hot Dog w/Assorted Toppings Homemade Baked Beans (17) Or Assorted Pizza Bar  Broccoli Florets (8) Sliced Peaches (16) Non Fat Milk	Buffalo Chicken Pinwheels (34) Or Asian Bar Steamed Broccoli (4)  Celery Sticks (3) Diced Pears (16) Non Fat Milk
<b>The Pizzeria</b> Pepperoni Pizza (48) Mozzarella Cheese Pizza (48) Buffalo Chicken Pizza (44) Steak & Cheese Pizza (47) Pepperoni Pinwheels (48)					
<b>Grab &amp; Go</b>					

## The Deli

- Italian Hoagie (43)
- Ham & American Cheese Hoagie (44)
- Turkey & American Cheese Hoagie (41)
- Italian Wrap (41)
- Ham & Cheese Wrap (43)
- Turkey & Cheese Wrap (39)
- Peanut Butter & Jelly (56)

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

\*Vegetable Bar includes:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

\*Fruits include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

## Milk

Milk Choices Offered Daily:  
1% white or non-fat white

Proud to manage your food service program



A wide variety of sandwiches, wraps, and specialty salads are available daily!

# Breakfast and Lunch is FREE for ALL Students

MENUS SUBJECT TO

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE