

Keystone High School April Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 Sausage on a WG English Muffin (25) 100% Fruit Juice Whole Apple Non Fat Milk	4 Pancake Sausage Wrap (18) 100% Fruit Juice Strawberries Non Fat Milk	5 Sausage & Cheese Biscuit (30) 100% Fruit Juice Diced Pears Non Fat Milk	6 Whole Grain Cinnamon Roll (38) 100% Fruit Juice Applesauce Cup Non Fat Milk
9 Egg & Cheese Taco (15) 100% Fruit Juice Diced Peaches Non Fat Milk	10 Grab n Go Mini Waffles (38) 100% Fruit Juice Whole Apple Non Fat Milk	11 Bacon, Egg, & Cheese Muffin (51) 100% Fruit Juice Blueberries Non Fat Milk	12 Bacon, Egg, & Cheese Biscuit (35.5) 100% Fruit Juice Diced Pears Non Fat Milk	13 Cinnamon Oat Breakfast Cookie (43) or Funnel Cake (43) 100% Fruit Juice Applesauce Cup Non Fat Milk
16 Breakfast Chicken Sandwich (20) 100% Fruit Juice Diced Peaches Non Fat Milk	17 Sausage on a WG English Muffin (25) 100% Fruit Juice Whole Apple Non Fat Milk	18 Pancake Sausage Wrap (18) 100% Fruit Juice Strawberries Non Fat Milk	19 Sausage & Cheese Biscuit (26) 100% Fruit Juice Diced Pears Non Fat Milk	20 Whole Grain Cinnamon Roll (38) 100% Fruit Juice Applesauce Cup Non Fat Milk
23 Egg & Cheese Taco (15) 100% Fruit Juice Diced Peaches Non Fat Milk	24 Grab n Go Mini Waffles (38) 100% Fruit Juice Whole Apple Non Fat Milk	25 Bacon, Egg, & Cheese Muffin (51) 100% Fruit Juice Blueberries Non Fat Milk	26 Bacon, Egg, & Cheese Biscuit (35.5) 100% Fruit Juice Diced Pears Non Fat Milk	27 Cinnamon Oat Breakfast Cookie (43) or Funnel Cake (43) 100% Fruit Juice Applesauce Cup Non Fat Milk
30 Breakfast Chicken Sandwich (20) 100% Fruit Juice Diced Peaches Non Fat Milk				

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Entrée, 1 Cup Fruit, and 1/2 Pint Milk

High School Alternate Options May Include:

- Chocolate Chip Oatmeal Breakfast Bar
- Warm Grab & Go Breakfast Sandwiches
- Warm Bagels
- Breakfast Pizza
- Sausage, Egg, & Cheese Pinwheels
- Yogurt Parfaits
- Cereal w/ Donut Hole
- Fresh Fruit Smoothies
- Apple Frudels

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

- Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White



Meal Prices:
 Elementary \$1.30 High School \$1.45
 Elementary \$.30 High School \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

