

Keystone High School February Breakfast Menu

Food Service Director: Jennifer Perry
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				1 Egg & Cheese Biscuit (32) 100% Fruit Juice Applesauce Cup* (13) Non Fat Milk
4 Strawberry Cream Cheese Stuffed Bagel (41) 100% Fruit Juice Whole Apple (22) Non Fat Milk	5 Bacon, Egg, & Cheese Bagel (32) 100% Fruit Juice Mandarin Oranges (17) Non Fat Milk	6 Scrambled Egg w/Cinnamon Toast (15) 100% Fruit Juice Fresh Banana* (29) Non Fat Milk	7 Breakfast Chicken Sandwich (20) 100% Fruit Juice Fresh Orange* (21) Non Fat Milk	8 Create Your Own Pancake Station (16) 100% Fruit Juice Applesauce (13) Non Fat Milk
11 Grab n Go Mini French Toast (37) 100% Fruit Juice Pineapple Tidbits (19) Non Fat Milk	12 Sausage on a WG English Muffin (26) 100% Fruit Juice Mandarin Oranges* (17) Non Fat Milk	13 Pancake Sausage Wrap (17) 100% Fruit Juice Fresh Banana* (29) Non Fat Milk	14 Ham, Egg, & Cheese Bagel (34) 100% Fruit Juice Diced Pears*(14) Non Fat Milk	15 Create Your Own Donut (30) 100% Fruit Juice Applesauce* (13) Non Fat Milk
18 No School	19 Bacon, Egg, & Cheese Bagel (32) 100% Fruit Juice Mandarin Oranges (17) Non Fat Milk	20 Scrambled Egg w/Cinnamon Toast (15) 100% Fruit Juice Fresh Banana* (29) Non Fat Milk	21 Breakfast Chicken Sandwich (20) 100% Fruit Juice Fresh Orange* (21) Non Fat Milk	22 Egg & Cheese Biscuit (32) 100% Fruit Juice Applesauce Cup* (13) Non Fat Milk
25 Strawberry Cream Cheese Stuffed Bagel (41) 100% Fruit Juice Whole Apple (22) Non Fat Milk	26 Sausage on a WG English Muffin (26) 100% Fruit Juice Mandarin Oranges* (17) Non Fat Milk	27 Pancake Sausage Wrap (17) 100% Fruit Juice Fresh Banana* (29) Non Fat Milk	28 Ham, Egg, & Cheese Bagel (34) 100% Fruit Juice Diced Pears*(14) Non Fat Milk	

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Entrée, 1 Cup Fruit, and 1/2 Pint Milk

High School Alternate Options May Include:

Chocolate Chip Oatmeal Breakfast Bar
Warm Grab & Go Breakfast Sandwiches
Warm Bagels
Breakfast Pizza (28)
Yogurt Parfaits
Cereal w/ Donut Hole (25)
Fresh Fruit Smoothies w/Toast (56)
Apple Frudels (36)
Funnel Cakes (43)

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



Meal Prices:
Elementary \$1.30 High School \$1.45
Elementary \$.30 High School \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE